

2023

IMPACT

REPORT

A snapshot of accomplishments achieved
by our staff and leadership teams in 2023.

2019 CRAWFORD ST
HOUSTON, TX 77002

02

OUR MISSION

03

OUR PURPOSE

07

MEET OUR EXECUTIVE TEAM

13

TOGETHER WE R.I.S.E

14

R: RESTORE
WAREHOUSE, DISTRIBUTION & VOLUNTEER IMPACT

24

DINNER 2 HOME INITIATIVE

28

I: INSPIRE
AMAZING 102.5FM IMPACT

33

S: SUSTAIN
HEALTH EQUITY IMPACT

40

E: EDUCATE
BOL ACADEMY IMPACT

46

2023 EVENTS

51

2024 UPCOMING PROGRAMS

57

BREAD OF LIFE INC. PARTNERS

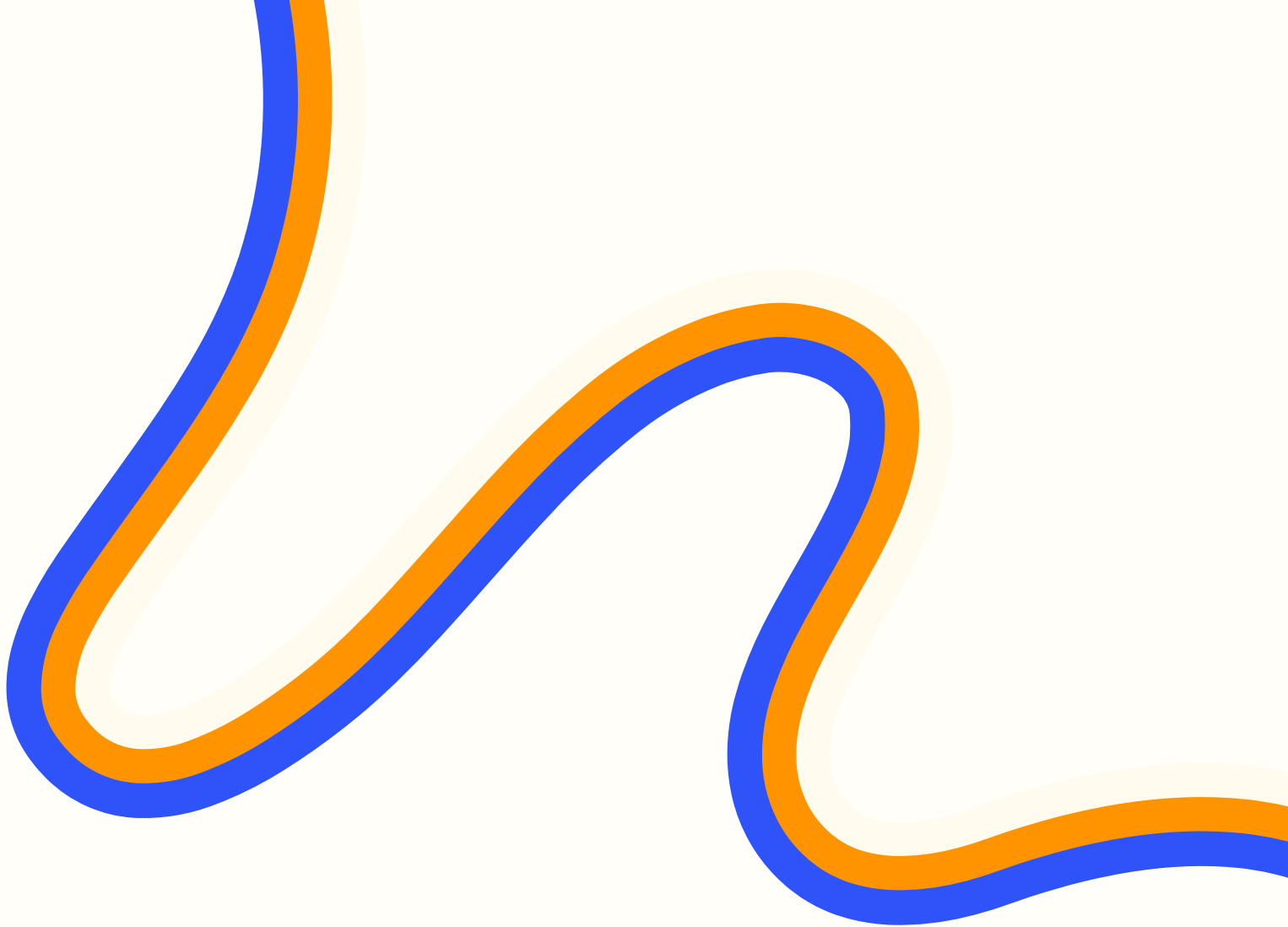
58

BREAD OF LIFE INC. STAFF

OUR MISSION

Tackling Barriers Together
With Compassion To Restore
Hope for Houston





Our Purpose.

Since our beginning, Bread of Life Inc. has worked to create a space that welcomes and values everyone's unique and authentic experiences. We support diversity and stand against discrimination across all lines of difference, including race, sex, sexual orientation, gender identity and expression, age, physical ability, nationality, socio-economic status, and religious beliefs. We respect and embrace differences and encourage conversations that help us all build stronger relationships and community. We are committed to listening, learning, and taking action to bring about change within ourselves, our organization, and our community. We aim to lead by example by prioritizing diversity in our employment, board membership, programs and services, policies and procedures, volunteers and donors, and community support and advocacy. We are grateful to our community for your trust and support. Thank you for who you are and how you allow us to be a part of your lives. You inspire us to continue to serve in love, hope, dignity, and belonging.

WE WON'T STOP.

We seek to bridge gaps by providing the basic necessities of food, housing, and education so that people can focus on living at their highest potential.

- RUDY RASMUS



Who We Are.

We are Bread of Life, Inc.

Together with our donors, partners, and volunteers, we provide resources and support to vulnerable communities all around Houston. From food and household supply distributions to accessible educational opportunities, healthcare coordination and disaster relief, it is our mission to ensure everyone we meet feels a sense of love, hope, dignity, and belonging.



JOIN OUR MISSION

SCAN ME





Meet Our EXECUTIVE LEADERSHIP

"I have found that among its other benefits, giving liberates the soul of the giver."

- Maya Angelou

Hello.

Bread of Life, Inc. envisions a transformative 2024 with a steadfast commitment to eradicating food insecurity in the City of Houston and beyond. We seek to fill gaps in homelessness, health, and hunger by providing the basic necessities of food, housing, and education so that people can focus on living at their highest potential.

The heart and soul of our existence is to foster a food secure future for all. Three decades of this work, however, has taught us that food insecurity is the symptom of greater systemic issues of health, education, and financial injustices. Bread of Life, Inc. adamantly seeks to find sustainable solutions to these issues.

In the pursuit of health equity, we pledge to enhance access to supportive resources and programs, ensuring every person, regardless of their background, enjoys the benefits of a healthy lifestyle. In the realm of education, our aim is to create equitable opportunities by launching tailored programs that empower underserved communities. As for housing, we are expanding. Last year, we launched the Rebuilding of the Knowles-Rowland House which will be 31 units of permanent supportive housing for those in greatest need. This year, we are excited about repurposing Temenos II into transitional housing for youth who have aged out of foster care or had experience with juvenile detention. And this is just the beginning.

We aspire not only to alleviate immediate needs but to break barriers and instill hope in the coming year and beyond.

A handwritten signature in black ink that reads "Rudy Rasmus". The signature is fluid and cursive, with the first letters of the first and last names being capitalized and prominent.

Founder & Executive Director

DR. RUDY RASMUS

EXECUTIVE DIRECTOR

In September of 1992, Pastors Rudy and Juanita Rasmus founded the Bread of Life, Inc. with a simple mission to serve hot nutritious meals to homeless men and women in the downtown Houston area. By December of 1992, Bread of Life, Inc. was serving more than 500 hot meals per day in the sanctuary of St. John's Downtown Church. It wasn't long before Bread of Life, Inc. became a fixture in the downtown area providing much needed services, resources and support to families in need and the homeless population. Bread of Life, Inc. works in close partnership with Beyonce's BeyGOOD. Together, Beyonce, Tina Knowles-Lawson, and Bread of Life, Inc. have coordinated domestic and global anti-hunger initiatives, and provided support to natural disaster victims. Nearly 30 years later, Bread of Life, Inc. is still focused on supporting underserved communities and restoring hope in Houston through its four program areas: Homeless Outreach, Health Outcomes, Hunger Relief, and community radio station KMAZ The Amazing 102.5 FM. Through your generous donations and support, Bread of Life, Inc. continues to help create an improved quality of life for the people of Houston.



YVETTE TARRANT

CHIEF EXECUTIVE OFFICER

St. John's and the Bread of Life, Inc. is where Yvette started her 30 year journey of serving and advocating for Houston's homeless community. Yvette has served in many capacities and is currently the Chief Executive Officer of the Bread of Life, Inc.

Yvette's initial assignment at the Bread of Life was the development of St. John's Academy, a day care and pre-school for children infected or affected by HIV or AIDS. Later, Yvette moved on to becoming the Executive Director of the Bread of Life, and also served as the interim Executive Director of their sister organization Temenos Community Development Corp. Temenos CDC is currently building their 4th housing development for formerly homeless men and women. Bread of Life has expanded its programs to meet the needs of families impacted by natural and personal disasters.

Yvette received her Bachelor's of Science Degree from Texas Southern University and majored in accounting. Yvette's experience in finance, business management and non-profit development lends to the success of both the Bread of Life and St. John's Downtown.

Yvette's passion for mentoring young adults is how she shares her wisdom and life experiences. Yvette has been married to her soul-mate for 42 years, has (2) beautiful daughters, and (3) grandsons who keep her on the move.



CHRIS BARNES

PRESIDENT & CHIEF OPERATIONS OFFICER

Currently, as Chief Operating Officer for St. John's Downtown Methodist Church and its non-profit Bread of Life, Inc., (BOL), Chris is guiding the growth of mission-focused community to evolve the organizational structure and develop several multi-million-dollar construction projects. As with any emerging and developing businesses, his focus is to connect BOL and St. John's with investors, contractors, and partner agencies who share common values and goals to get these projects built and functioning. Each project meets specific needs of an inner-city community, particularly training and housing for teens who age out of child protection and college students struggling to find affordable housing.



DR. MONIQUE WILLIAMS

CHIEF ADVANCEMENT OFFICER

For over 20 years, Dr. Monique Williams has dedicated 100% of her career to the empowerment of the forgotten and underserved in our global community. This commitment is reflective of her upbringing by parents who selflessly served the most vulnerable with great humility and immeasurable joy. Dr. Williams graduated from Howard University, Duke University and Creighton University with degrees in Business Administration, Theology and Educational Leadership respectively. Her academic journey served as a springboard for her professional trajectory in organizational and leadership development, corporate training, strategic partnerships, team building and public speaking. Each of these skills have been applied to supporting organizations that protect and provide for senior citizens, children and youth in foster care, victims of violence, the unhoused and ex-offenders.

Currently, Dr. Williams serves as the Chief Advancement Officer at Bread of Life, Inc. In this role she builds partnerships, nurtures interdepartmental collaboration, leads internal and external communication and marketing plans and facilitates mission-centric program and events. Dr. Williams is known as a prolific speaker, advocate and transformative leader in both the non-profit and religious spaces. When asked about the impact that Bread of Life has had on her own life, Dr. Williams responds, "Bread of Life has been a revolving door of reality...tears of joy and sadness, embraces of celebration and grief, some losses, many victories ... but always hope. Always hope. And I don't know about you but I need hope every single day."





TOGETHER WE RISE



RESTORE

INSPIRE

SUSTAIN

EDUCATE



BOL is helping RESTORE budgets, pantries, family tables, and dignity.



**MAKING A
DIFFERENCE,
ONE PERSON
AT A TIME.**

TOTAL

\$7.4
MILLION

IN CASH VALUE OF RELIEF
ITEMS DONATED TO HOUSTON
FAMILIES IN NEED

Bread of Life, Inc donated these relief items to address the critical needs of families affected by natural and personal disasters including food insecurity, hurricanes, and medical emergencies.



DONATED TO HOUSTON FAMILIES IN NEED

Bread of Life, Inc has served the vulnerable population of the Greater Houston area for over 31 years by building a culture of dignity, empowerment, and hope for the future. That future includes the opportunity for everyone to live their best lives. No one should be disadvantaged due to skin color, education, or socioeconomic status. We are committed to tackling the disparities that affect vulnerable populations head-on in our pursuit for health and equity for all. A special thank you to all of our donors, sponsors, supporters, and friends.

TOTAL

44,376

INDIVIDUALS PROVIDED WITH
FOOD & SUPPLY BOXES

Bread of Life, Inc. provides fresh produce and relief boxes every 1st and 3rd Saturday of the month. Our relief boxes consist of hygiene and cleaning products. We host a contactless drive-thru and a walk-up station for the unhoused.



BI- MONTHLY DISTRIBUTIONS

Bread of Life, Inc is committed to serving families in need and our unsheltered friends throughout the Houston community. The Greater Houston community is strong, and we are proud to be a key contributor in its resilient culture.

TOTAL

384
FAMILIES

SERVED FOOD AND SUPPLIES
FROM THE PANTRY

The Bread of Life, Inc. pantry is dedicated to individuals seeking immediate assistance and cannot participate in our monthly distributions. This impact was approximately 1,200 individuals being served.



Scan the QR code here to
donate non-perishable food
and hygiene products for our
pantry.



TOTAL

\$393,457

VALUE OF VOLUNTEER HOURS

Bread of Life, Inc was fortunate to have had nearly 4,000 volunteers donate their time and energy to help us make our work a reality.



**WORKING
TOGETHER**



VOLUNTEER



**TO MAKE
AN IMPACT**



Our *volunteers completed 13,177 donated hours* packing food and supply boxes, directing traffic, registering families for our distributions, loading cars, and much more. We are so thankful to have each of these individuals who sacrificed their time to help make our vision possible. All of this would not be possible without them.



TOTAL

38,614

MEALS PROVIDED THROUGH THE
DINNER 2 HOME INITIATIVE

It is an honor for Bread Of Life, Inc to serve our own house, friends in downtown Houston with hot meals and personal care, products, and partnership with the City Of Houston.



Scan the QR code here
to donate towards our
Dinner 2 Home initiative.




TOTAL

\$598,740

CASH VALUE OF RELIEF ITEMS
DONATED TO THE UNHOUSED

Bread Of Life, Inc. is proud to say we have provided over half a million dollars in relief supplied for the unhoused within our community.



**“Bread of Life Inc.
represents what
hope for all humanity
looks like & brought
to fruition.”**

DAMETRIES HOLMES

VICE PRESIDENT OF WAREHOUSE



Amazing 102.5 **INSPIRES** listeners to invest in their physical, mental and financial health through quality Edutainment.

A black and white photograph of two radio hosts, a woman on the left and a man on the right, both wearing headphones and sitting at a desk with microphones. The woman has long dreadlocks and is looking towards the man. The man is looking off-camera. The background shows a clock and a logo that partially reads 'ar'. Large orange quotation marks are positioned on the left and right sides of the image.

INSPIRING ONE LISTENER AT A TIME.

AMAZING 102.5 FM

TUNE IN ON THE RADIO OR DOWNLOAD THE KMAZ APP



TOTAL

240,000

LISTENERS REACHED THROUGH
102.5FM PER MONTH

Amazing 102.5FM is the only station where music meets purpose. The station bridges the gap between great music and community impact.



AMAZING 102.5FM

"COME FOR THE MUSIC STAY FOR THE IMPACT"

The Amazing 102.5FM is the heartbeat of H-Town serving the Midtown and Downtown areas inside of the 610 loop. We're a community supported radio station focused on positively engaging the mind, body, and soul of our people through a variety of music, community events, and programming by talented personalities on our terrestrial dial. We amplify subject matters on everything from public affairs, local news, to politics, sports, pop culture, and more!



"BREAD OF LIFE INC., SERVES AS A POWERFUL TOOL FOR SPREADING MESSAGES OF COMPASSION, EMPOWERMENT, AND COMMUNITY ENGAGEMENT. THROUGH OUR RADIO BROADCASTS, WE NOT ONLY ENTERTAIN AND INFORM, BUT ALSO MOBILIZE SUPPORT AND RESOURCES TO ADDRESS CRITICAL SOCIAL ISSUES, SUCH AS FOOD INSECURITY AND HOMELESSNESS."

AMANDA SAPP
VICE PRESIDENT OF MEDIA OUTREACH



Health Equity contributes to the **SUSTAIN**ability of communities by providing wellness resources and wraparound support.

TOTAL

184,152

TOTAL INDIVIDUALS CONNECTED WITH
A COMMUNITY HEALTH WORKER

At Bread Of Life, Inc, our Community Health workers are our front line response system that helps the most vulnerable populations experience sustainable, and transformative health outcomes.



COMMUNITY HEALTH WORKERS

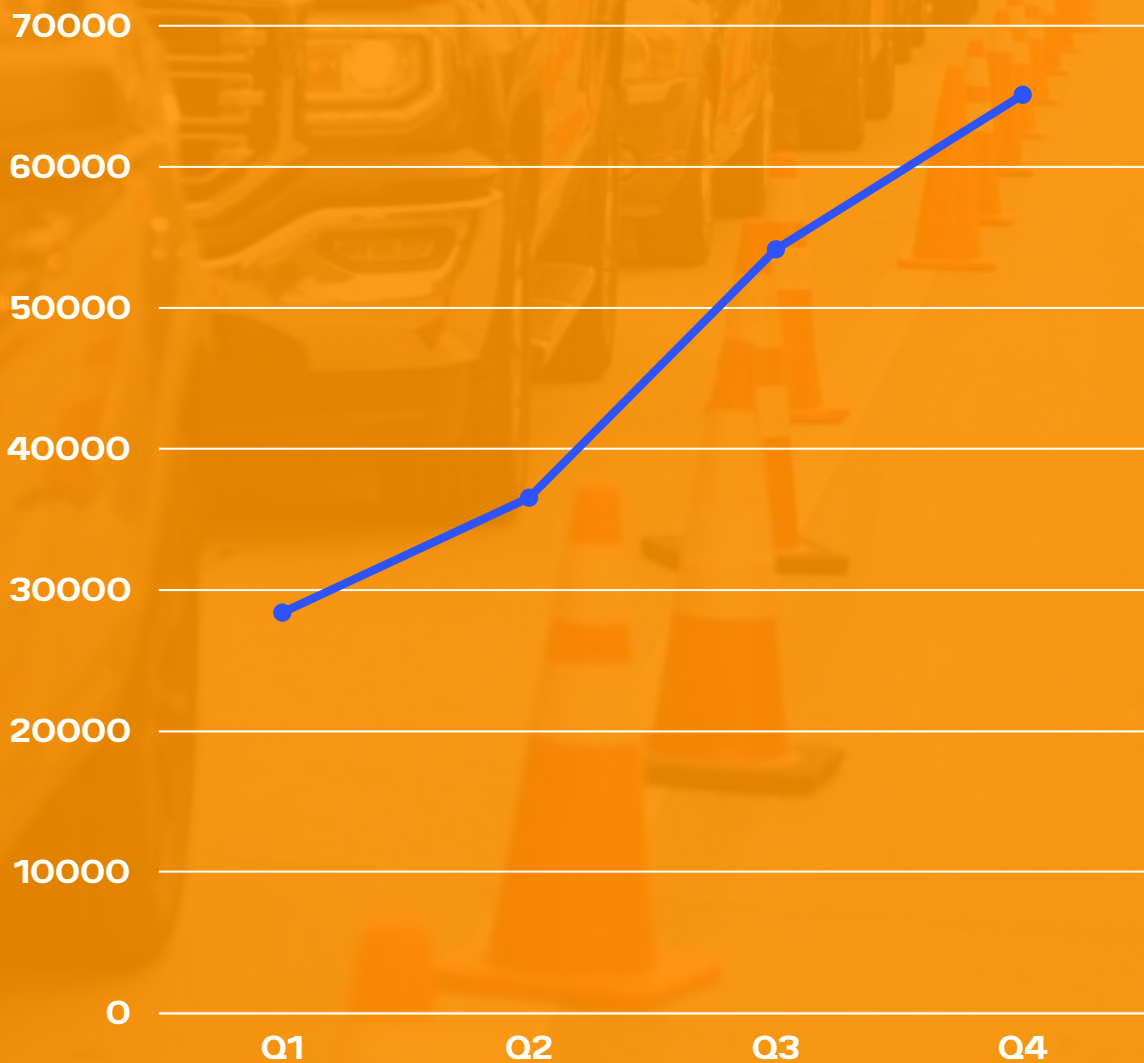
CHWs tackle multiple non-medical drivers of health (i.e. lack of housing, education, opportunities, and Food access) in hopes to improve everyone's quality of life.

CHWs engaged with **184,152 individuals** to provide additional support services to help overcome social determinants of health barriers, including housing, food, economic security, and employment.

We at Bread of Life, Inc. assisted 3000 support request and almost 700 clients connected with medical homes.



THE IMPACT OF INDIVIDUALS CONNECTED WITH A COMMUNITY HEALTH WORKER DURING EACH QUARTER





**BOL REPRESENTS THE THE POSSIBILITY OF
WHAT OUR WORLD COULD BECOME. MEETING
PEOPLE EXACTLY WHERE THEY ARE AND
HELPING TO IDENTIFY AND SUPPORT EACH
OTHER THROUGH CONCERNS BEFORE THEY
BECOME LONG TERM EFFECTS ON LIFE
ALLOWS PEOPLE TO DREAM AND BECOME
WHO THEY ARE MEANT TO BE!**

DR. SARAH SIMMONS

VICE PRESIDENT OF HEALTH EQUITY



HEALTHY
HOUSTON
COLLECTIVE



X



QUEST *for*
HEALTH
EQUITY™



POWERED BY QUEST DIAGNOSTICS

Bread of Life, Inc has served the vulnerable population of the Greater Houston area for over 30 years by building a culture of dignity, empowerment and hope for the future. That future includes the opportunity for everyone to live their best life. No one should be disadvantaged due to skin color, education, or socioeconomic status. We are committed to tackling the disparities that affect vulnerable populations head on in our *pursuit for health and equity for all.*

70% of health is determined by factors outside of healthcare. Social determinants of health are the conditions where people live, learn, and work that influence health. Things like access to healthy food, affordable housing, a stable environment, and quality education are important drivers of health.

Our Health Equity team works to ***identify and address social determinant needs and empower people*** to work towards their own goals to ultimately improve long term health. Our certified community health workers meet individuals where they are, be it at a food distribution, clinic, shelter, or church. They connect individuals with community resources and follow through to promote sustainable progress.

Our program takes a grassroots approach, targeting ***unique needs with unique solutions*** and offering ownership and action to those in the communities we serve. Through our strong community and academic partnership network, we foster supportive synergistic relationships to create change and prioritize capturing meaningful data that represents vulnerable populations fairly and holistically. Our client-centered, collaborative approach grows trust, independence and sustainability. Bread of Life, Inc is committed to this journey and continues to listen, learn and respond to best meet the needs to ***advance health equity.***



LEARN MORE

**About Health Equity and the
impact BOL is making in the
community.**





BOL academy EDUCATES and empowers people from marginalized communities through affordable training programs, life development training and positive community building.

TOTAL

126

BOL ACADEMY GRADUATES

In 2023, BOL Academy trained and certified Phlebotomists, Community Health Workers, and Cisco Certified Networking Associates.

THE FUTURE LOOKS BRIGHT.



The Bread of Life Academy, is designed to give an educational opportunity to underserved Houstonians looking to gain skills that will make them more employable in the workforce.

The mission of Bread of Life Academy is to provide quality educational and advancement pathways that provide justice and equity in employment for youth and young adults emerging from foster care, transition-age youth, and historically underserved Houstonians.

Our vision is for Bread of Life Academy to be the anchor for young adults emerging from foster care or other juvenile systems. We envision a community that uplifts instead of stigmatizes. We envision a network of collective organizations coming together for a unified cause giving strength and action to our mission.

TOTAL

\$6,027,840
Million

POTENTIAL EARNING FOR OUR
ACADEMY STUDENTS

In 2023, BOL Academy trained and certified Phlebotomists, Community Health Workers, and Cisco Certified Networking Associates.

PROGRAMS



Phlebotomy

Phlebotomy students are trained to be certified phlebotomists who will provide services to community members that access services through the Bread of Life programs and be employed for temporary or full-time positions at 75 Quest Labs in Houston.




Cisco Certification Networking

In partnership with the University of St. Thomas and CISCO Networking Academy, the Bread of Life Academy CISCO Networking course prepares learners for entry-level IT occupations in the Cyber Security world. Students will obtain vital skills like threat intelligence, network security, and risk management to protect organizations from cyber- attacks.



Community Health Worker

Community Health Workers (CHWs) receive training to become Texas-certified CHWs who assist individuals in their communities with navigating healthcare and other systems to receive services needed for a fulfilled life.



BREAD OF LIFE INC. REPRESENTS DIGNITY

DR. MORGAN RASMUS-ALFRED

VICE PRESIDENT OF EDUCATION AND
DIRECTOR OF BREAD OF LIFE, INC. ACADEMY

BREAD OF LIFE INC.

2023 EVENTS

JAN - DEC **DIAMONDS & PEARLS**

Once a month we celebrate our seniors with cleaning and hygiene relief items, food and fun activities.



FEBRUARY **19TH**

BOL HEALTH FAIR

BOL partnered with Quest Diagnostics and health organizations to provide the community with free medical resources and services.



APRIL 15TH

VOLUNTEER APPRECIATION DAY

We celebrated our volunteers for their hard work and dedication.

3,390 Individuals served

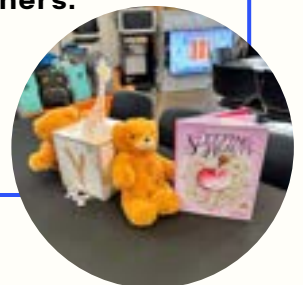


COMMUNITY BABY SHOWER

MAY **13TH**

Free baby items like diapers, wipes, baby bags and more are distributed to new mothers.

114 expecting mothers were served.



AUGUST 19TH

BACK TO SCHOOL FAIR

BOL partnered with Starbucks to distribute free school supplies and health resources. 2,000 backpacks distributed to students



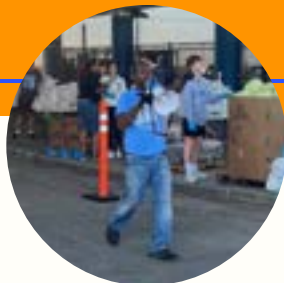
BREAD OF LIFE INC.

2023 EVENTS

NOV. 18TH

THANKSGIVING DISTRIBUTION

BOL partnered with other organizations to distribute over 1,250 turkeys along with relief items and fresh produce donated from the Houston Food Bank.



DECEMBER 16TH

CHRISTMAS DISTRIBUTION

BOL partnered with other donors to distribute over 1,600 chickens along with relief items and fresh produce donated from the Houston Food Bank.



DECEMBER 19TH

CHRISTMAS TOY DRIVE

BOL donated toys to the students attending Wesley Elementary. Over 500 toys were purchased and distributed.



**CONSIDER DONATING TODAY TO
HELP SUPPORT AND FUND OUR
2024 COMMUNITY EVENTS!**

SCAN ME



WWW.BREADOFLIFEINC.ORG

THE REBUILDING OF THE KNOWLES-ROWLAND HOUSE



**BREAD OF LIFE HAS SET HOUSTON APART
AS A LEADING NATIONAL MODEL FOR
MOVING PEOPLE EXPERIENCING
HOMELESSNESS INTO PERMANENT
HOUSING WITH SUPPORTIVE SERVICES.**

TOTAL

497

HOLIDAY GIFTS GIVEN
TO LOCAL CHILDREN

Bread of Life, Inc donated holiday gifts to children in historically underserved neighborhoods. With this toy drive, we were able to share the joy of holiday magic.



HOLIDAY TOY DRIVE FOR LOCAL CHILDREN

Bread of Life Inc. team members passed out wrapped toys to children and relief items to all teachers at Wesley Elementary in Acres Homes. A special thanks to our incredible partners who provided resources throughout the year to help make this kind of magic possible.



LOOKING AHEAD

2024 UPCOMING PROGRAMS

H.O.P.E.

At Bread of Life, Inc.

H.O.P.E. at Bread of Life, Inc. is our response to the unmet mental health needs of our community. The program seeks to bring mental health Healing through provision of evidence-based individual and group therapy, Outreach, Prevention, and Education (H.O.P.E.) to the clients we serve and the larger community of Houstonians seeking access to mental health treatment and support.

H.O.P.E. at Bread of Life, Inc. seeks to fill a crucial need, making community-based psychotherapy treatment accessible to individuals who may not otherwise access care. A distinguishing aspect of this program is the opportunity to take a step beyond referral and care navigation services and provide direct services through needed treatment. Additionally, our therapists can conduct virtual sessions with the goal of eliminating barriers to access and providing treatment that's the right fit for each person.

In addition to offering mental health treatment, we are engaged in outreach, prevention, and education efforts. An example of this is our work with Amazing 102.5 to bring mental health-related programming to our community through radio—featuring conversations with mental health professionals, community organizations, and those with lived experience.

PROGRAMS



Current Programs:

- **Providing therapy and psychoeducation to students of Bread of Life Academy, our vocational fresh-start program for adults who have experienced foster care, justice-involvement, or other hardship.**
- **Developing a mental health program for our HOPWA (Housing Opportunities for Persons With AIDS) program in response to their self-identified mental health needs.**
- **Conducting training sessions for our direct-services team members on mental health-related topics**
- **Curating wellness programming for BOL team members**



Programs in Development:

- **Mental health services for residents of Temenos CDC permanent supportive housing projects**
- **Caring for the mental health needs of senior adults in our community**



“Nourishing our mental health is an essential part of cultivating well-being. HOPE at Bread of Life, Inc. is an opportunity to support the mental health needs of our community, in turn, allowing us to all live healthier lives. Without mental well-being we are unable to show up in our roles or manage our responsibilities. Helping members of our community thrive through mental health support is a step towards cultivating or maintaining a food secure future for themselves and their families. ”

DR. RYAN HARRIS

VICE PRESIDENT OF BEHAVIORAL HEALTH SERVICES

ECO-LIFE

Employment Group

Eco-Life Employment Group is a subsidiary of the Bread of Life, Inc. and was created to help companies with their staffing and retention needs while also helping companies make a positive social impact on the needs that are present in our community.

Our innovative approach to staffing combines life-skills training, resource support, continuing education, and mental health services to provide your company with a stable workforce.

Our vision at Eco-Life is to become the leading staffing provider for underserved communities.

We aim to achieve this by consistently delivering exceptional value to our clients and fostering a culture of continuous improvement.

“

**THE IMPACT
BREAD OF LIFE
IS MAKING IS
UNMATCHED, AND
I'M PROUD TO BE
A PART OF THE
CHANGE AND
GROWTH OF THIS
ORGANIZATION.**

RACHEL BICKHAM

VP OF EMPLOYMENT SERVICES



“

**THE WORK THAT WE
DO IS SO MUCH
BIGGER THAN THE
COMMUNITY THAT
WE SERVE. WE ARE
CHANGING LIVES,
AND I AM SO PROUD
TO BE A PART OF
THAT MISSION”**

CLAUDIA DIXON

VICE PRESIDENT OF FINANCE



OUR PARTNERS



BREAD OF LIFE INC. LEADERSHIP



DR. RUDY RASMUS
EXECUTIVE DIRECTOR & FOUNDER



YVETTE TARRANT
CHIEF EXECUTIVE OFFICER



CHRIS BARNES
PRESIDENT & CHIEF OPERATIONS OFFICER



DR. MONIQUE WILLIAMS
CHIEF ADVANCEMENT OFFICER



DAMETRIES HOLMES
VICE PRESIDENT OF WAREHOUSE



AMANDA SAPP
VICE PRESIDENT OF MEDIA OUTREACH



DR. SARAH SIMMONS
VICE PRESIDENT OF HEALTH EQUITY



DR. MORGAN RASMUS ALFRED
VICE PRESIDENT OF EDUCATION



RACHEL BICKHAM
VP OF EMPLOYMENT SERVICES



DR. RYAN HARRIS
VICE PRESIDENT OF BEHAVIORAL HEALTH SERVICES



CLAUDIA DIXON
VICE PRESIDENT OF FINANCE



BREAD OF LIFE INC. BOARD MEMBERS

FATHER MELVIN GRAY

BOARD CHAIR

NICOLE CASSIER-MASON

LEMONADE DAY

BHAVANI MURUGIAH

SPUR RELAY

ADRIAN PATTERSON

GREENBERG TRAUBRIG

ANNIE ROSE MCBRIDE

MICROSOFT



BREAD OF LIFE, INC. STAFF

TREY JONES

EXECUTIVE ASSISTANT

CASEY PEARCE

MEDIA SPECIALIST

BIANCA MONTANEZ

SOCIAL MEDIA MARKETING MANAGER

JOHN MARSDEN

WAREHOUSE MANAGER

ALICIA AUZENNE

WAREHOUSE ASSOCIATE

MOLLY ZWAHR

HEALTH EQUITY ASSISTANT DIRECTOR

CLARA SMITH

HEALTH EQUITY ASSISTANT DIRECTOR

DR. ALEX LAWS

HEALTH EDUCATOR

KARLYN KING

ADMISSIONS RECRUITER

PORTIA KING

FINANCE MANAGER

ALEXIS SMITH

ACCOUNTS PAYABLE ADMINISTRATOR

GABRIELLE MARTINEZ

ASSISTANT DIRECTOR &
SOFT SKILLS TRAINER

CAMILLE CHAPPELL

DEVELOPMENT ASSOCIATE &
VOLUNTEER COORDINATOR

YVONNE BENAMAR

HOPWA ASSISTANT DIRECTOR

RODRIGO SALAZAR

HOPWA CASE MANAGER

CURTAYSA WILLIAMS

HOPWA CASE MANAGER

TONISHA TOURE

HOPWA CASE MANAGER

SELENA LYNCH

HOPWA CASE MANAGER

GARYNETTE KELLEY

HOPWA CASE MANAGER

DAJSHA LEWIS

HOPWA CASE MANAGER

JORGE HERNANDEZ

COMMUNITY HEALTH WORKER

MONICA ESPINOSA

COMMUNITY HEALTH WORKER

ESTELLA ALEJANDRO

COMMUNITY HEALTH WORKER

ABIGAIL MAMUKUYOMI

COMMUNITY HEALTH WORKER

NIKISHA ALLEN

COMMUNITY HEALTH WORKER

MICHELLE MINOR

NAV MANAGER & BOL ACADEMY
CHW INSTRUCTOR

PJ GARNER

COMMUNITY HEALTH WORKER

DIKITRA DAVIDSON

COMMUNITY HEALTH WORKER

DINNKIA MITCHELL

COMMUNITY HEALTH WORKER

JAVELYN CAROUTHERS

COMMUNITY HEALTH WORKER

AUDREY MARSDEN

COMMUNITY HEALTH WORKER

LAKISHIA SMITH

MENTAL HEALTH NAVIGATOR

GARYNETTE KELLEY

HOPWA CASE MANAGER

DAJSHA LEWIS

HOPWA CASE MANAGER

SKEET BOYLE

MEMBER SERVICES

VERNELLE JACKSON

DIRECTOR OF GUEST SERVICES

IVAN SMILEY

COMMUNITY HEALTH WORKER

MAKE

AN

What Difference Will You Make?

IMPACT.

Bread Of Life, Inc. is on a mission to change the lives of those living in the Houston community by providing food and shelter for those who are in desperate need. With your donation you can help us further our impact.

Donate Today!

www.breadoflifeinc.org



THANK YOU

"On behalf of the entire Bread of Life, Inc staff, we'd like to thank each of you for an outstanding year. Together, we were able to impact countless individuals and families in our Houston community and beyond. Without each of our donors and partners, Bread of Life, Inc. would not have been able to accomplish and exceed our 2021 objectives. In our 31 years of business, we have never been more excited about what we are doing than we are right now. With so much in the works, we anticipate growth beyond measure this year and the many more years to come. There is more work to be done. Let's heal our city together!"

- Board Chair, Melvin Gray and Executive Director, Rudy Rasmus




bread of life INC.

2019 CRAWFORD STREET,
HOUSTON, TX 77002